

ハワイ大学医学部研修 (2024.8.19~8.23)



医学部医学科

5回生	浜田	美空
5回生	清水	杏実
3回生	柴崎	瞳



2024年
8/18 成田出発
8/19~8/23 研修
8/26 成田帰国



ハワイ大学医学部
(John A.Burns
School of Medicine
= JABSOM)

サンド島
Sand Island

ホノルル美術館
Honolulu Museum
of Art (HoMA)

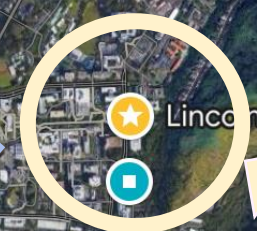
MAKIKI/LOWER
PUNCHBOWL/
TANTALUS

トブレイス



エヒメマルメモリアル

車で約15分



Lincoln Hall



Lincoln Hall
(宿泊先)

ハワイ大学医学部
(John A. Burns
School of Medicine
= JABSOM)

ワイ・チャンネル・
アウター・ブイズ
Ala Wai Channel
Outer Buoys

ハレ・コア・ホテル
Hale Koa
高評価

ワイキキ
WAIKIKI

Waikiki Market

ベアフット ビーチ カフェ
Barefoot Beach Cafe
@ Queen's Surf Beach

ダイヤモンド・
ヘッド / カパフル
/ セント・
ルイス・ハイツ
DIAMOND HEAD
/ KAPAHULU
/ ST. LOUIS
HEIGHTS

カイムキ
KAIMUKI

カハラ・モール
Kahala Mall

カハラ
WAIALAE
KAHALA

Diamond
Head State
Monument

レアヒ・パーク
LEAHI PARK



ハワイ大学医学部
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JOHN A. BURNS
SCHOOL
OF MEDICINE

651

UNIVERSITY OF HAWAII
KAKA'AKO

研修費
1000ドル



サンド島
Sand Island

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Lincoln Hall (宿泊先)



宿泊費

- ① ツイン (1人58ドル)
- ② シングル (94ドル)

事前学習

勉強会開催
6月後半から
週2～3のペース

やさしい 英語 で 外来診療

聞きもらしのない問診のコツ

監修/大山 優 著/安藤克利
協力・ナレーター/ Jason F Hardy, 遠藤裕奈

Does he have
bruises or bumps?

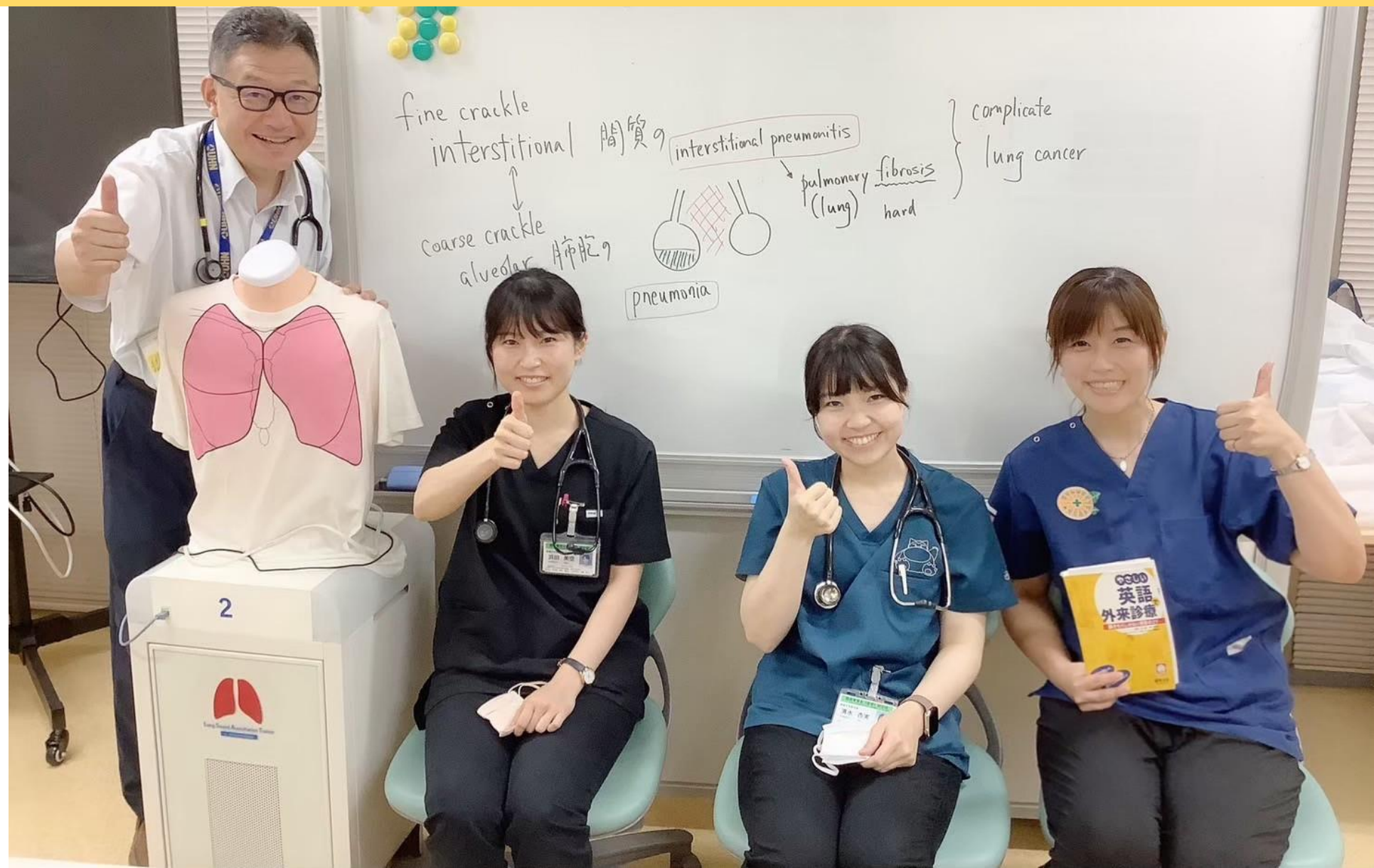
• 英語で正しく
鑑別診断!

• 外国人患者が
来ても怖くない!

The catheter is a
flexible plastic tube
that we put into



羊土社
YODOSHA



事前学習

zoom Workplace

美空 浜田

柴崎 瞳 (愛媛大学)

熊木天児・愛媛大学消化器内科

Overall great!!!

<https://dictionary.cambridge.org/ja/pronunciation/english/appendicitis>

appendectomy 虫垂切除術

What is the most likely diagr

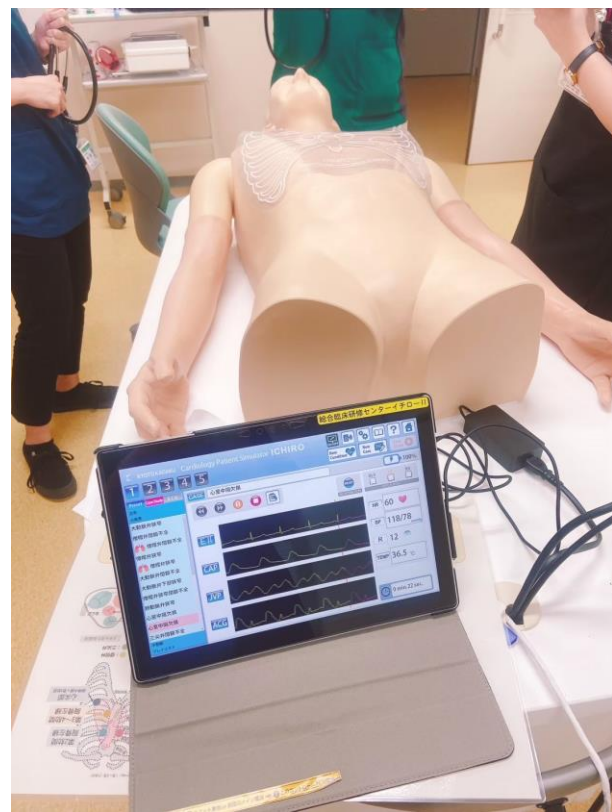
熊木天児
What
most
It's lik
appe
最後

宛先: ミーティ
柴崎 瞳 (

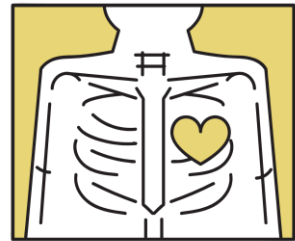
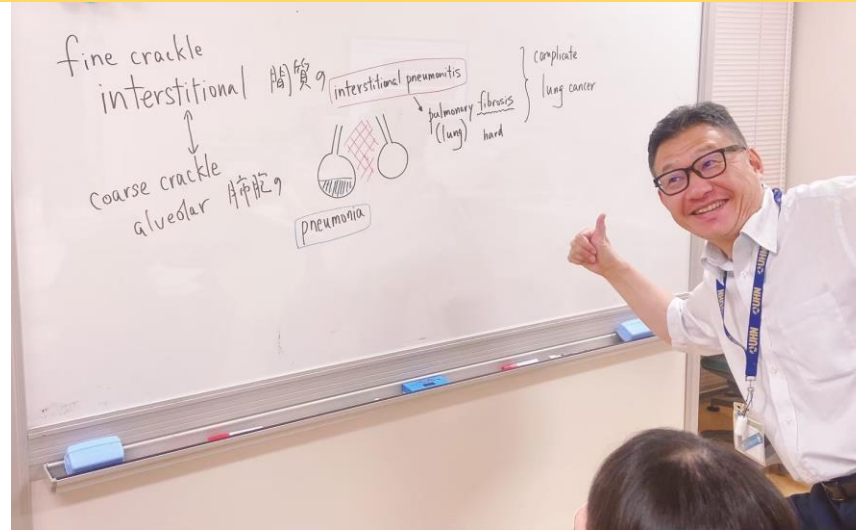
対面・ZOOM開催

事前学習

臨床研修センター



事前学習





出発!



約8時間



時差 19時間

成田 8/18 20時発→ハワイ 8/18 9時着

Klyuchevskaya Sopka
15584.ft

Tokyo/Narita

Honolulu

HNL, Honolulu



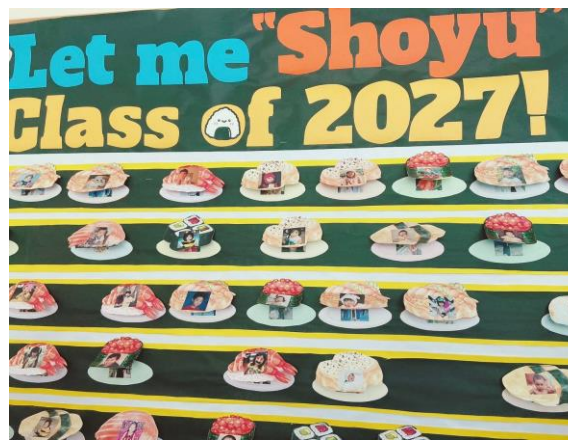
到着！ 😊

初日 ガイダンス



The August 2024 Summer Medical Education Institute				
A Program of the John A. Burns School of Medicine Office of Medical Education				
Monday, August 19	Tuesday, August 20	Wednesday, August 21	Thursday, August 22	Friday, August 23
9:00 am (Room 314) Check-in	9:00 am (Room 304) Summary & Preview	9:00 am (Room 314) Summary & Preview	9:00 am (Room 304) Summary & Preview	9:00 am (Room 314) Summary & Preview
9:15-9:45 am (Room 314) Welcome & Workshop Overview	9:15-10:15 am (Room 304) Smoking Cessation	9:15-10:15 am (Room 217) Physical Examination Skills #2, Lung Exam	<u>Group A</u> 9:15-10:15 am (SimTiki 2F) Virtual Procedures	9:15-10:30 am (Room 314) Injection Clinic
9:45-10:15 am (Room 314) Introduction to PBL	10:30 am-12:00 pm PBL Case #2, Step 1 <i>with JABSOM students</i> Refer to Google folder for rooms	<u>Group A</u> 10:30-10:40 am (Room 203) Standardized Patient Exam Prep: Smoking Cessation	10:15-11:15 am Manikin Simulations <u>Group B</u>	10:30-10:45 am (Room 314) Closing Remarks & Evaluations
10:15-10:45 am Tour of MEB <i>with JABSOM students</i>	12:00 -1:00 pm Lunch on your own	10:45-11:25 am Standardized Patient Exam	9:15-10:15 am (SimTiki 2F) Manikin Simulations 10:15-11:15 am Virtual Procedures	11:00 am Departure to Aloha Lunch by shuttle bus
10:45 am-12:15 pm PBL Case #1, Step 1 <i>with JABSOM students</i> Refer to Google folder for rooms	1:00-1:30 pm PBL Step 2	11:35 am – 12:25 pm (Room 314) Cultural Activity <i>with JABSOM students</i>	11:15 am-12:15 pm Lunch (on your own) <u>Group A</u>	11:15 am Aloha Lunch BSide Lounge
12:15-1:00 pm (314) Welcome Lunch <i>with JABSOM students</i>	1:30-2:45 pm PBL Step 3 <i>with JABSOM students</i>	<u>Group B</u> 10:30-11:20 am (Room 314) Cultural Activity <i>with JABSOM students</i>	12:30-1:20 pm Cultural Activity (Room 304) <i>with JABSOM students</i>	1:30 pm Shuttle to hotels
1:00-1:30 pm PBL Step 2	3:00-3:30 pm (Room 304) Introduction to the Standardized Patient Exam Smoking Cessation	11:30-11:40 (Room 203) Standardized Patient Exam Prep: Smoking Cessation	1:30-1:40 pm (Room 203) Standardized Patient Exam Prep: Shortness of Breath	
1:30-2:45 pm PBL Step 3 <i>with JABSOM students</i>		11:45 am - 12:25 pm Standardized Patient Exam	1:40-2:20 pm Standardized Patient Exam <u>Group B</u>	
<u>Group A</u>		<u>ALL</u>	12:30-12:40 pm (Room 203) Standardized Patient Exam Prep: Shortness of Breath	
3:00-3:45 pm (Room 217) Physical Examination Skills #1, Cardiac Exam		12:35-1:05 pm (Room 314) Video Review	12:40-1:20 pm Standardized Patient Exam	
3:45-4:30 pm (SimTiki 2F) Simulation Orientation		1:10-1:30pm (Room 314) SP Exam Review Shortness of breath	1:30-2:20 pm (Room 304) Cultural Activity <i>with JABSOM students</i>	
<u>Group B</u>			<u>ALL</u>	
3:00-3:45 pm (SimTiki 2F) Simulation Orientation			2:30-3:15 pm (Room 304) Video Review	
3:45-4:30 pm (Room 217) Physical Examination Skills #1, Cardiac Exam			3:30-4:30 pm (CCS 2F) Escape Rooms	
4:30 pm Group Photo				

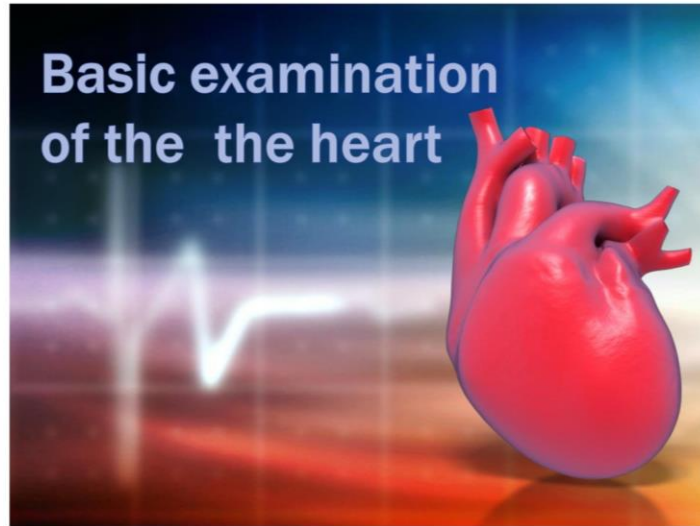
初日 ガイダンス



Tour of MEB with JABSOM students



講義



お菓子食べ放題



What we'll cover today

- Introductions
- Talking to your patient
- Examining the heart
- Practicing examining the heart



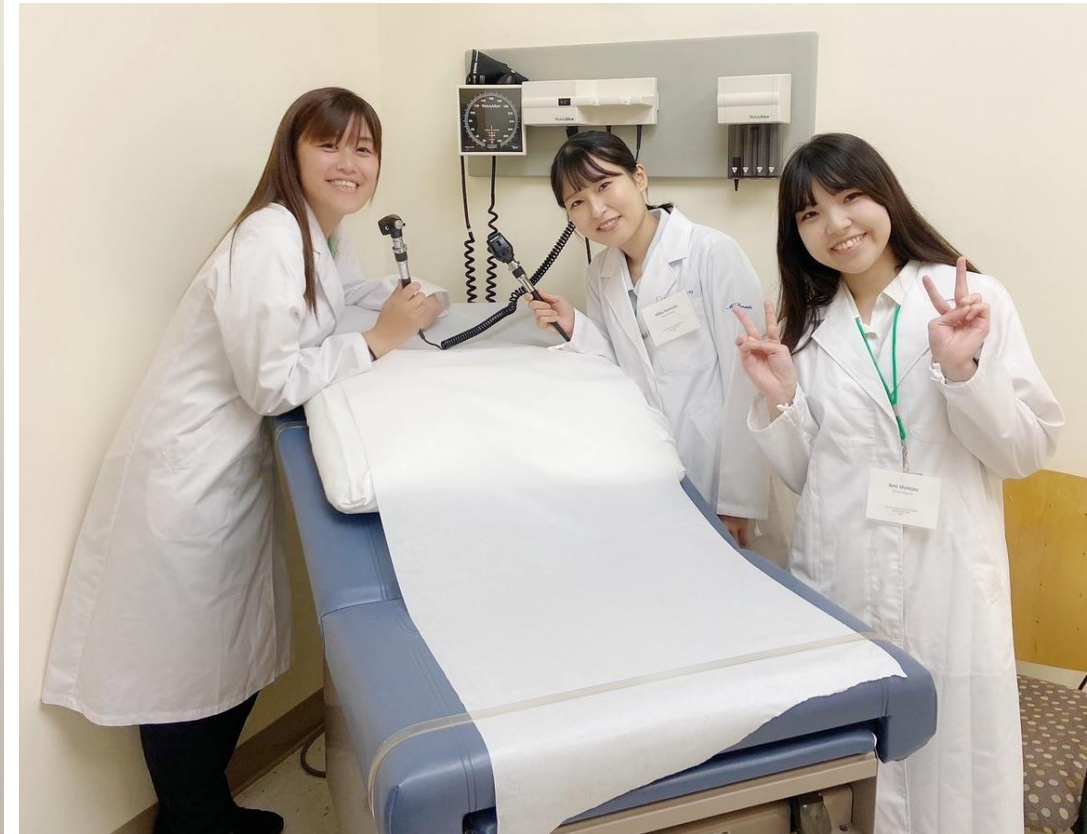
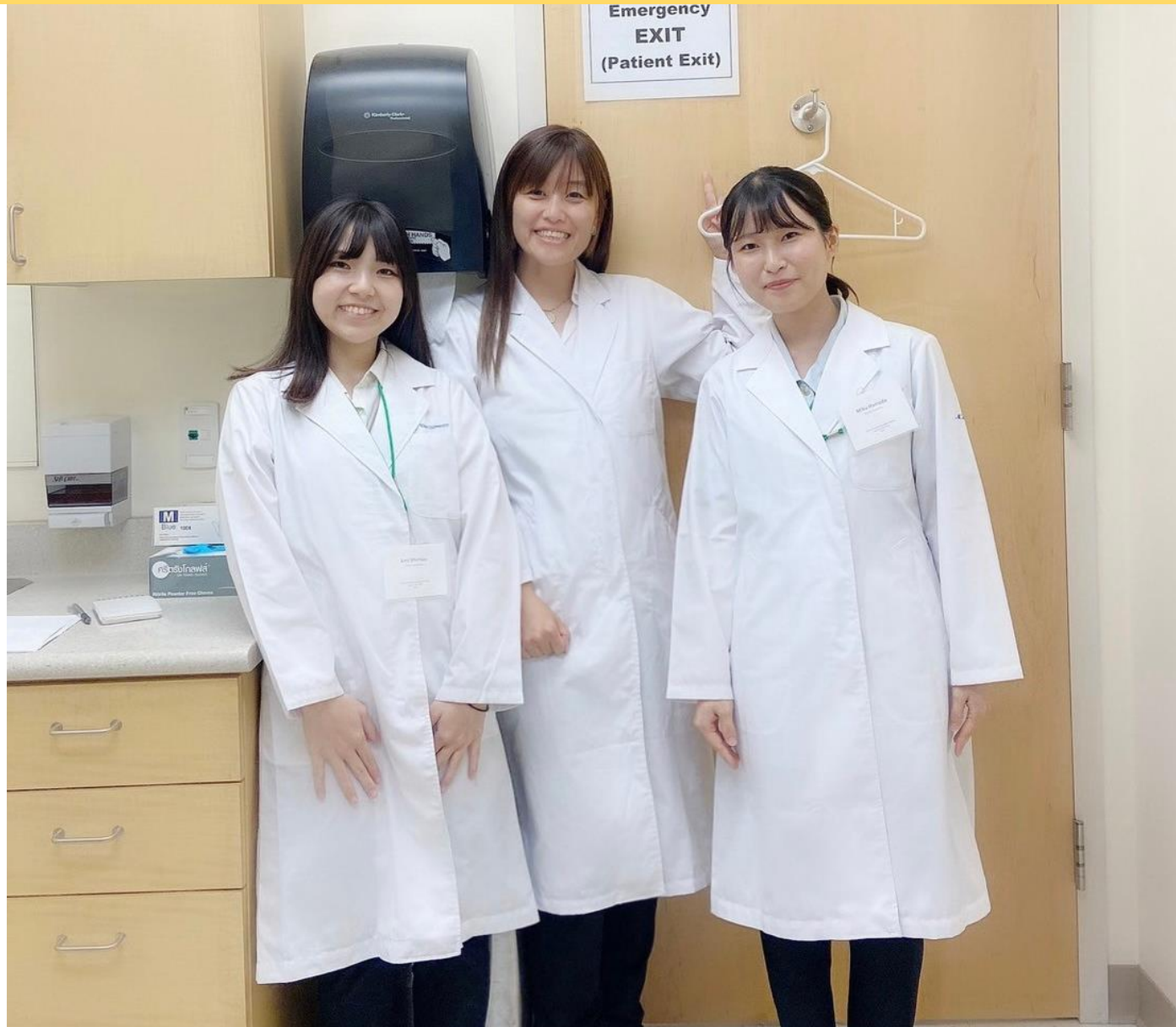
身体診察



Physical Examination Skills



Standardized Patient Exam



Standardized Patient Exam

Smoking Cessation

Five A's

- Ask
- Advise
- Assess
- Assist
- Arrange

Tobacco Use and Dependence Clinical Practice Guideline Panel, 2008 Update

Shortness of Breath

Shortness of Breath

- Think about what could cause shortness of breath – discuss in a small group
- Think about what specific questions you could ask to help with your differential diagnosis list – discuss in a small group
- Choose two questions to ask to the patient tomorrow

Standardized Patient Exam

Standardized Patient Session: Heart and Lung Exam

Name Hitomi Shibasaki Reviewer Dennis Bolger

Task	Completed	Comments
Knocks on door	✓	
Introduces self	✓	wash hands
Starts with open-ended question	✓	sub PND, DTE, doctuna
Asks appropriate questions about heart and lungs	✓	could ask more 7s - 7 cmolnd
Ask for permission to do physical exam	✓	signing - 1 OLD CARTS or OPQRST
Washes hands (OK to do earlier)	✓	
Listens to the lung (8 spots)	✓	examined pt on (L) side
Helps patient to lie down and pull out leg rest	✓	percussed then auscultated posteriorly then tactile fremitus and whispered pectoriloquy
Listens to the heart (5-6 spots)	✓	listen to USB and apex with pt in @ lat decub.
Helps patient to sit up and push in leg rest	✓	
Thanks the patient and closes visit	✓	

Additional comments:

History-taking:
would sit down when interviewing pt.

Communication Style:

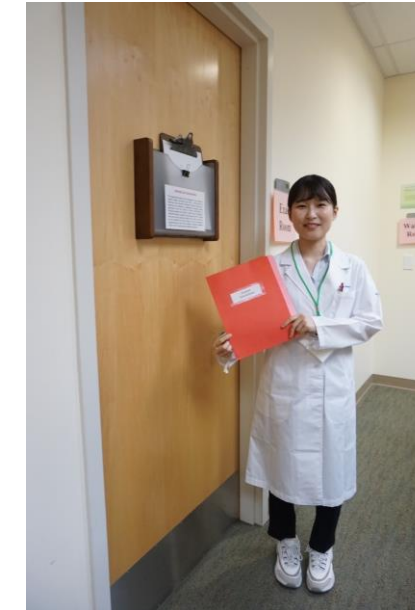
good
use a language - for lung exam you said 'maybe ok' should just say ok - maybe is unclear

Empathy/Consideration for patient:

showed empathy & consideration

Other:

reasonably thorough with exam



PBL



PBL

Couses of yellow-green sputum

Ehime university
Ami SHIMIZU



Risk and prevalence of aortic valve stenosis

Ehime university
Ami SHIMIZU



Manikin Simulations



Manikin Simulations



Cultural Activity (Lei)



Cultural Acutivity (Hula)



Cultural Acutivity (Hula)



Cultural Activity (Aloha lunch)



Cultural Activity (Aloha lunch)



Cultural Activity (Aloha lunch)



Injection Clinic



Escape Rooms 🚪



After school



Pickleball



Potluck Party



Interaction😊



Interaction😊



Sightseeing (1st day)



Sightseeing (1st day)



Sightseeing (last day)



Sightseeing (last day)



Sightseeing (last day)



Hawaiian foods 🌺



Accommodation



Acknowledgement

研修中お世話になった JABSOM の先生方や学生の皆様、Kori-Jo様、
事前学習会でお世話になった熊本先生、Ruth先生、
準備や報告会等のサポートを下さった国際化推進室の皆様、
ご支援下さった方々を始め、
本研修に関わって下さった全ての方に感謝申し上げます。

ご清聴ありがとうございました😊

